



STARTERS

HAND CUT FRIES + DIPPING SAUCE [11]

SECRET SAUCE
JALAPEÑO AIOLI
SMOKED PAPRIKA AIOLI

HONEY GARLIC SHRIMP [16]

(6) SHRIMP - HONEY - GARLIC - SOY SAUCE - SCALLION
- CRISPY CIABATTA BREAD

OYSTERS 1/2 DOZEN [26]

SHUCKED TO ORDER - EAST COAST SELECTION

CHEESE BOARD [29]

3 HAND SELECTED CHEESES - CROSTINI
HOUSE-MADE ACCOUTREMENTS

FRIED SPROUTS [14]

FRIED BRUSSEL SPROUT LEAVES - HOT HONEY DIP
TOPPED WITH TOASTED SESAME SEEDS

DAILY SOUP [MKT]

ROTATION OF SEASONAL FAVORITES

MARKET GREENS

SLI WEDGE [13]

BIBB LETTUCE - RED ONION - BACON - TOMATO
BLEU CHEESE CRUMBLE - BUTTERMILK DRESSING

KALE CAESAR [14]

LACINATO KALE + ROMAINE - ANCHO CAESAR
DRESSING - PARMESAN - GARLIC CROUTONS - CHERRY
HEIRLOOM TOMATOES

BRUSSEL SALAD [12]

MESCLUN MIX + ROASTED SHAVED BRUSSEL SPROUTS
APPLE - POMEGRANATE FRESH ARILS - FETA
BUTTERED WALNUTS - APPLE VINAIGRETTE

ADD PROTEIN

SEARED CHICKEN BREAST [12]
FRIED CHICKEN BREAST [13] - (4) SHRIMP [9]
SALMON 6 OZ [17]

All sauces + dressings are made in
house using fresh ingredients.

We Support:

Sal's Fresh Seafood
Cafe Monte Alto
Owens Farm
Vermont Fresh Pasta Co

SMALL PLATES

SHRIMP + GRITS [21]

PAN SEARED SHRIMP - SMOKED PAPRIKA - BACON
GARLIC - SCALLION - PARMESAN GRITS

BUFFALO CAULIFLOWER BITES [16]

FRIED CAULIFLOWER - BUFFALO SEASONING - PANKO
PARMESAN - BLACK PEPPER - BUTTERMILK DIPPING
SAUCE

SESAME RAMON BOWL [19]

VT FRESH PASTA RAMON NOODLES - GINGER - CHILI
CRUNCH - SOY SAUCE - CILANTRO - SCALLIONS - SOFT
BOILED EGG - ADD SHRIMP (3) [7]

LARGE PLATES

BUTTERMILK FRIED CHICKEN [29]

LEMON THYME BRINE - BREAST + DRUMSTICK - BISCUIT
HAND CUT FRIES - SLAW - HOT HONEY DRIZZLE

BRAISED BEEF SHORT RIBS [38]*

8 HOUR BRAISE - RED WINE DEMI GLAZE - ROSEMARY
POLENTA - BROCCOLINI

MOROCCAN SALMON [35]*

HARISSA SEASONING - ACORN SQUASH - LEMON -
POMEGRANATE FRESH ARILS - FRESH MINT

SWEET POTATO FALAFEL [21]

HOUSE MADE FALAFEL - PICKLED RED CABBAGE
ARUGULA - TZATZIKI SAUCE - CRANBERRY JALAPEÑO
SAUCE - GARLIC NAAN BREAD

FRIED CHICKEN SANDWICH [23]

HOUSE-MADE PICKLES - SLAW - PICKLED
RED ONION - JALAPEÑO AIOLI - BRIOCHE BUN
HAND CUT FRIES

ANCHO SMASH BURGER [24]*

(2) VT BEEF PATTIES - ANCHO CHILI RUB - GREEN CHILIS
OAXACA CHEESE - SMOKED PAPRIKA AIOLI - BIBB
LETTUCE - TOMATO - RED ONION - BRIOCHE BUN
HAND CUT FRIES

SIDE PLATES

HONEY CARROTS [10]

GARLIC - PARSLEY - DILL - THYME - GOAT CHEESE
POMEGRANATE FRESH ARILS

LEMON DIJON BROCCOLINI [10]

SPICED ALMONDS - GOAT CHEESE

BRUSSEL SPROUTS [10]

GARLIC + THYME BUTTER - CHILI FLAKES- LEMON AIOLI

INN KITCHEN + BAR OPEN THROUGH FEBRUARY 24!

Please notify us of any food allergies. A gratuity of 20% may be added to parties of 6 or more.

*Food items are cooked to order or served raw. Consuming raw or undercooked meat, seafood or eggs may increase your risk for food borne illness.

WINTER 2023/2024